

NATIONAL PHYSICAL EDUCATION INSTITUTE 2025

The National PE Institute has long been celebrated as one of Physical Education's most rewarding and renewing professional events. As in the past, we are honored to host a number of the world's most passionate and committed **"Game Changers"** as keynoters, presenters, supporters & participants.

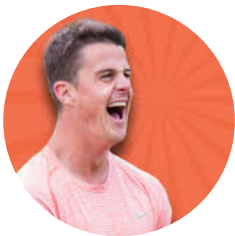
2025 KEYNOTERS & PRESENTERS

All About Our Presenters: "Amazing," "Awesome," "Best of the Best" and "Fun" are words that individuals have used to describe all of the wonderful presenters who are ready to share at the upcoming 2025 National Physical Education Institute in Asheville, North Carolina. You may personally know and/or recognize many of them from Twitter (X), Facebook, YouTube and other world-wide social media sites. They include:



Elyse Loughlin

Latina Elyse Loughlin is no stranger to the greater #PhyEd Community. Self-described as the Leslie Knope of PE (female lead of hit sitcom Parks and Recreation), Elyse was recommended to us by the Amazing Joey Feith. Or as Elyse says: "If I seem too passionate, it's because I care. If I come on strong, it's because I feel strongly." Elyse's day job will find her working as the Physical Education Consultant with the New York State Education Department.



Dale Sidebottom

Australian Dale Sidebottom is an internationally recognized physical education and fitness expert with extensive experience spanning over two decades. Dale was recommended to us by PhysEd Guru and Geek, Jarrod Robinson. Or as Dale says: "As an avid storyteller, ultra-marathoner and adventurer; I have embraced failure and joy in every aspect of my life. Join me for a fun and playful time of learning." Dale's day job is a full-time Play Consultant as the Founder of Energetic Education and JUGAR LIFE.



Mark Housel

Finalist for the 2023 National PE Teacher of the Year, Mark Housel is pure Fun and Fitness. In fact, that's the name of his enterprise - Housel Fun & Fitness! Mark was recommended to us by Chip Candy. As Mark says: "What kind of teacher do you want to be? I'm asking you because your answer is the most important thing you will ever do in life. It all starts from inside. Where you are real."



Andy Milne

Brit-born Andy Milne is a former National Health Education Teacher of the Year. A Corporate World dropout, Andy discovered his real calling in life was one of a high school teacher. More importantly, Andy found the perfect recipe for his success in meaningful health and physical education as one part Challenge; One part Fun; Mix in Motor Competence; And the outcome is Delight!



TENTATIVE INSTITUTE SCHEDULE

Wednesday (7/16)	Thursday (7/17)	Friday (7/18)
<p>Wednesday Afternoon: Hotel Check-In:</p> <p>Embassy Suites DoubleTree Crown Plaza</p> <p>Hotel information can be found on following page or www.ncshape.org.</p> <p>Early Arrivals' "Dance-It-Up" Social 8:00 PM - 9:30 PM Embassy Suites Ballroom Hosted By: Chris Walker & Chip Candy</p>	7:45 - 8:30 AM: Registration	7:45 - 8:30 AM: Registration
	8:30 AM: Keynote Dale Sidebottom (Australia)	8:30 AM: Keynote Andy Milne (England/Illinois)
	9:45 - 10:30 AM: 1st Breakout Sessions	9:45 - 10:30 AM: 1st Breakout Sessions
	10:45 - 11:30 AM: 2nd Breakouts	10:45 - 11:30 AM: 2nd Breakouts
	11:30 - 12:45 PM: LUNCH at Brown Hall	11:30 - 12:45 PM: LUNCH at Brown Hall
	1:00 - 1:45 PM: 3rd Breakout Sessions	1:00 - 1:45 PM: 3rd Breakout Sessions
	2:00 - 2:45 PM: 4th Breakout Sessions	2:00 - 2:45 PM: 4th Breakout Sessions
	3:00 - 3:15 PM: 2025 National PE Institute "A.R.T.I.E." Awards Mark & Becky Foellmer Ben Landers	3:00 - 3:30 PM: Keynote Mark Housel (New Jersey)
	3:15 - 4:00 PM: Keynote Elyse Loughlin (New York)	3:30 - 4:00 PM: Closing Ceremonies
	4:00 PM on: Free Night!	SEE YOU NEXT YEAR! July 16 & 17, 2026

Master **PE** Teacher

Dr. Robert Pangrazi, a lifelong PE advocate and author of *Dynamic Physical Education*, shares an online master class course in teaching PE.

FREE

~~\$49.95~~ FREE
FOR PE INSTITUTE
ATTENDEES!

- ✓ Transform their PE program
- ✓ Improve class management skills
- ✓ Increase positive student behavior
- ✓ Strategically lesson plan
- ✓ Achieve 5 hours of CEUs/CECs
- ✓ Plus, much more!



ONLINE PHYSICAL EDUCATION TRAINING!

GOPHER

JUST A TASTE OF OUR 2025 PRESENTERS!

Will Potter (California): Have you ever wondered who came up with the idea for "Take Your Parents to PE Day"? It was Will Potter! He is a former National PE Teacher of the Year, a member on the SHAPE America Board of Directors and had his first person essay published in the book How To Be An Outstanding Physical Education Teacher!

Ben Landers (South Carolina): Known throughout the entire #PhysEd World, Ben Landers has been sharing Classroom Management, Teaching Tips, Games & Activities and Tech Integration Ideas since forever. Ben is a former State PE Teacher of the Year and a 2025 A.R.T.I.E. Award recipient!

The Foellmers (Illinois): Mark and Becky Foellmer are the folks behind "ChromeBooks in Health & Physical Education." Becky is a former PE teacher, coach and Technology Integration Specialist. Mark is a former State and District PE Teacher of the Year. Both will be honored with the 2025 A.R.T.I.E. Award!

Dr. Lisa Paulson (Wisconsin): Dr. Paulson is a Teaching Assistant Professor at the University of Wisconsin-Superior. Lisa earned her Ph.D. from the University of Northern Colorado and is totally dedicated to creating the best possible instructional PE program ever! Especially via coordinated state level and national policy change.

Mike Doyle (Wisconsin): Mike Doyle is a former State and District Adapted Physical Education Teacher of the Year. He teaches at Cloquet Middle and Cloquet High School. He is one of the foremost experts in #UnifiedPE and Inclusive Sports in the United States!

James Crane (England): James is the Assistant Headteacher and Deputy Director of Research School for Durrington High School in Worthing, England. James is the author of Crown House Publishing's Making Every PE Lesson Count: Six Principles to Support Great Physical Education Teaching.

AND MANY MORE!

HOTEL ACCOMMODATIONS

Hotel Accommodations: Please note that we have secured approximately 200 rooms between the **Embassy Suites (primary hotel)** and the **Double Tree (overflow)**. We anticipate a turn-away crowd. Once this happens, we will open up the Crowne Plaza as the third option. This is the hotel we have used in the past. In all cases, attendees will need to make arrangements to/from UNC Asheville.

1. Embassy Suites by Hilton Asheville Downtown, 192 Haywood Street, Asheville, NC 28801; 828-407-0422 (Reference "The National PE Institute 2025 - 2025 UNCA Event.") This is our primary hotel.

- Reservation Deadline: Monday, June 2, 2025
- 5 Minute Drive to UNC Asheville (1.6 miles)
- \$205/night (taxes not included). 2 Queen, 2 Room Suite. Includes breakfast and nightly manager's social. Please note that there are limited rooms available.
- This is where the PE Institute staff, keynoters and most attendees will be housed. Please try to book here 1st!
- Book Your Room By Phone: Call 828-407-0422 (Reference "The National PE Institute 2025 - 2025 UNCA Event.")

2. DoubleTree: 199 Haywood, Asheville, NC 28801. (828) 505-8500. This is the sister property of the Embassy Suites and is right across the street from the Embassy. This includes breakfast. Parking will be discounted to \$15/night as well.

- Reservation Deadline: Monday, June 2, 2025
- 5 Minute Drive to UNC Asheville (1.6 miles)
- \$205/night (taxes not included). 2 Queen
- Book Your Room: Call 828-505-8500 (Reference "The National PE Institute 2025 - 2025 UNCA Event.")

3. Crowne Plaza Resort: 1 Resort Drive, Asheville, NC 2880. (844) 330-0296 and mention "National PE Institute 2025 RO" to receive the special group rate. Please note that individuals need to provide their own transportation to/from UNC Asheville. This is a change from what was offered in the past. For In-House reservations attendees can call our local number during normal business hours 828-285-2603 or 828-285-2620 and mention the group name.

- Reservation Deadline: TBA
- 10 Minute Drive to UNC Asheville (3.2 miles)
- \$189/night for King Bed or \$169 for 2 Queen Beds (taxes not included). Limited rooms available.

PLEASE CONTACT ARTIE@NC SHAPE.ORG FOR ANY QUESTIONS.

**NATIONAL
PHYSICAL
EDUCATION
INSTITUTE 2025**

3509 Mossdale Ave.
Durham, NC 27717
Phone: (919) 818-6486

BACK AGAIN!



Fees: The earlier you register, the more you save! Fees include cafeteria lunches for both days. Please note the following rates:

	NC SHAPE Members	Non-Members
Before May 16th:	\$300	\$350
May 16th - June 1st:	\$325	\$375
June 2nd - June 30th:	\$350	\$400
July 1st - Onsite:	\$400	\$450

When and Where? Join us **July 17 - 18, 2025** in scenic Asheville at UNC-Asheville's gorgeous athletic center:



Sherrill Center
227 Campus Drive
Asheville, North Carolina 28804

Recorded Whova Breakout Sessions: Because you can't be in two places at once, we're providing video recordings via the Whova app. These will be available for a 30-day period following the Institute and count towards your overall CEU Credit.

How Do We Register? The best way to register is online: www.ncshape.org.

For any questions, please contact:

Artie Kamiya, NC SHAPE Executive Director
3509 Mossdale Ave.
Durham, NC 27707
Phone: (919) 818-6486
Email: artie@ncshape.org

Lodging/Transportation: Individuals are responsible for their own lodging and transportation needs. However, we have secured special group rates as seen on the ncshape.org website.

Airport Transportation: Most individuals will fly into the Asheville Airport (AVL). This is about 20 miles from the hotel and 22 miles from UNC Asheville. Taxis typically are \$50 one-way (\$10 per additional person).

CERTIFICATE OF COMPLETION: Attendees will receive a "Certificate of Completion" for up to 3.0 Teacher Renewal Credits. 1.2 for in-person sessions plus 1.8 for recorded Whova videos.

**UP TO 3.0 TEACHER
RENEWAL CREDITS**
30 Hours of Professional Growth