

Welcome Aboard!

The #PhysEd "Cruise of a Lifetime" is coming up soon: October 27-29, 2022. All five members of NC SHAPE's C.R.E.W. (Committee Responsible for Everything Wonderful) are ready to welcome each of you to the Benton Convention Center in beautiful downtown Winston-Salem.





**Cruise Dates:** October 27-29, 2022. This is a Thursday, Friday, Saturday format.

**Cruise Boarding Location:** Benton Convention Center, 301 W 5th Street, Winston-Salem, NC 27101.

**Renewal Credit:** Up to 30 hrs of professional staff develop will be available as in-person and virtual.

**What is NC SHAPE?** NC SHAPE stands for the "North Carolina Society of Health And Physical Educators." As such, we are the premier professional association serving North Carolina's 3,000 K-12 health and physical education teachers.







Additionally, we also work with the following four associations that include:

- Adapted Physical Education,
- Athletics Education,
- Sport Management and
- Student Majors.

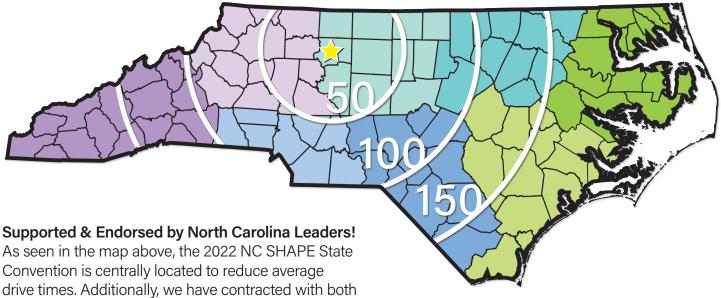
**It's a Celebration!** As seen in the smiling faces of health and physical education teachers from school districts who attended previous State Conventions, there will be loads of excitement and positive energy at the Benton Convention Center in downtown Winston-Salem in a few months.



**Registration Opens at 7:00 AM:** Each day, the C.R.E.W. will be bringing hour-after-hour of exciting keynoters and breakout sessions. Here is a sample of the type of session topics that will be available over the 2-1/2 days:

- "Making Fun Places Out of Limited Spaces"
- "Creating Fitness and Skill Development on a Limited Budget"
- "WOW: Wonderful, Outstanding & Welcoming Games for All"
- "Fitness & Fun for Everyone"
- "Highlighting Literacy in Health & PE"
- "Classroom Management 101: What Every Beginning H/PE Teacher Needs to Know"

**Up To 3.0 CEUs:** For this year's State Convention, we are providing up to 3.0 CEUs that can be earned either in-person and/or virtually via our Whova App. In other words, you can earn credits during our 2-1/2 day conference and/or virtually at home or at school. The Whova App will be available through the entire month on November, 2022. For more information, visit: www.ncshape.org.



drive times. Additionally, we have contracted with both the Embassy Suites and Marriott Hotel to provide you with lodging for Wednesday, Thursday, Friday nights at attractive rates. Both hotels offer complimentary breakfast each morning and a Manager's Reception in the evening.

**National Reputation & Reach!** Each year, our NC SHAPE C.R.E.W. selects the best and most inspiring in-state and national speakers possible. This year they include:



**Judy LoBianco, Motivational Keynoter:** Judy is pure energy and excitement! She hails from New Jersey and just tells it like it is. Feeling down? Need a boost to your day? Judy will help you see it "ain't as bad as it seems, it's worst." Kidding aside, Judy has a natural way of sharing her "Jersey Attitude" to get things done! Thursday at 9:30 AM.



**Mike Kuczala, Best Selling Author & Keynoter:** Mike is the author of The Peak Performing Teacher: 5 Habits for Success and has provided inspirational and lifechanging presentations across the United States and on 4 continents. A dynamic presenter that you will not want to miss. He will be presenting at 10:00 AM on Friday.



**Mark Banasiak, Invited Guest Presenter:** Mark is a well-known #PhysEd blogger and presenter. He is the creator of "I Teach More Than Gym" and has influenced and helped thousands of K-12 physical education teachers across the country. Former State & District TOY.



**Dr. Linda Hilgenbrinck, Invited Guest Presenter:** Linda is one of the most compelling physical education teachers on the planet! She has been a State & National TOY, consults with school districts and universities on a regular basis and has been known to create a stir wherever she goes.

Special Thanks to our Major Sponsors: Heart Zones, ETR and US Games/OPEN for supporting North Carolina's 3,000+ K-12 Health and Physical Education teachers!

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## Register Online Today and Save at **WWW.NCShape.org**

Special Thanks to our Major Sponsors for supporting North Carolina's 3,000+ K-12 Health and PE teachers!



North Carolina Society of Health And Physical Educators STATE CONVENTION OCT 27-29 WINSTON-SALEM

Participants attending this year's 2 1/2 -day event can earn up to 30 Professional Development Hours.

## **\*REGISTER NOW AND SAVE!**

Early-Bird Registration (through 9/14) Standard Registration (9/15 through 10/14) Late Registration (10/15 through 10/25) Last Minute & On-site Registration (10/26 on)

NON-MEMBERS	NC SHAPE MEMBERS
\$175	\$100
\$200	\$125
\$250	\$150
\$300	\$200

\* Become a Member first to save \$\$\$ on the State Convention Price. Membership is only \$50!